



# Coaching to Polarities: Managing the Unsolvable

**March 27-28, 2011**

**Sunday, 9:00am-6:00pm; Monday, 9:00am-6:00pm**

**Cleveland, OH.**

Clients often view difficult situations only as problems to be solved. Some “problems”, however, are not solvable; they are polarities where a “both/and” situation exists. Gestalt has historically acknowledged this distinction and frames polarities as dilemmas to be managed. Understanding this problem/polarity distinction and applying tools to manage polarities are vital competencies needed by coaches, consultants, and other helping professionals.

Significant advancements in understanding and working with polarities have occurred in the past 30 years. This workshop incorporates these advancements. It offers a proven process and powerful tool to increase the coach’s capacity to identify and manage polarities and tap the inherent potential within them. The Coaching to Polarities workshop is for coaches and others who want to enhance their skills by:

- Distinguishing between “either/or” problems to solve and “both/and” polarities to manage and understanding the value of both types of thinking.
- Understanding how all polarities work, their predictable patterns and how to address them.
- Helping clients avoid being seduced by quick and unsustainable fixes that result from the inability to identify and tap polarities.
- Using the Polarity Management® mapping tool to see the dynamic energy system in polarities, design action steps to tap the energy, and identify early warning signs to track and sustain optimal results.



International Coach Federation Coach Specific Training Hours and Continuing Education credits: 16 hours of instruction

## **Fees**

Fee \$750

## **Faculty**

Barry Johnson, PhD, author of Polarity Management: How to Identify and Manage Unsolvable Problems

W. Cliff Kayser, MOD, Certified Master of Polarity Management Associates

## **For Registration**

Call Ele Reed, Registrar at the Gestalt Institute of Cleveland, 216 421 0468